

# DHR Wellness Program Coordinator & Tobacco Treatment Specialist

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## KAYE V. LOVE



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*"I am not the cigarette police and I will never make anyone feel bad about using nicotine."*

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As a previous smoker I understand how hard it can be to quit. My goal is simply to help you reach your wellness goals, whether that is to quit, reduce, or just get information until you are ready. I have 11 years' experience working with Baltimore community agencies as a tobacco treatment specialist, trained by leading public health experts at Perelman School of Medicine at the University of Pennsylvania, and Morgan State University School of Community Health and Policy. I am also certified with the American Cancer Society, the MD Quitline and the NAADAC, the Association for Addiction Professionals. I have been working with the DHR Wellness Team for the last four years, offering quit classes, seminars, support groups, one-on-one consultations, program referrals and resources for all employees and retirees. **My approach is non-judgmental and practical. My services are a free part of your benefits package. For more information call 410-396-9895, or email [Kaye.Love@BaltimoreCity.gov](mailto:Kaye.Love@BaltimoreCity.gov)**

Sincerely,

*Kaye V. Love*

